

The following is part of an email template from Aggie Compass Basic Needs Center that gets customized when students request assistance. This is not sent out as is, but rather adjusted based on what the student shares. Please send questions to Robb Davis.

Food Resources

- If you are in the Davis area and are seeking ready to eat meals, I can process two CoHo (Coffee House) gift cards. Each card contains \$25 to use at the Memorial Union food court. Let me know if this is something you would be interested in, and I can go forward and process the cards for you.
- AggieEats is a new Aggie Compass food resource designed to increase student access to ready to
 eat meals. Stop by the truck, grab a meal, and pay nothing or pay a few bucks or even pay a few
 extra! No one knows what you paid, and any money that comes in goes right back into more meals
 for students. Check out the AggieEats website for location, time, and menu updates, or follow them
 on Instagram @ucd_aggieeat
- <u>CalFresh Application Assistance The Aggie Compass Basic Needs Center</u>, need CalFresh assistance
 or want to determine if you are eligible for \$291 a month for groceries? Not a problem! Aggie
 Compass has their own CalFresh team of interns dedicated to helping students determine their
 eligibility for the program, fill out an application, schedule an interview with a Yolo County CalFresh
 representative, provide case updates, and send important program reminders. <u>See if you are</u>
 eligible for CalFresh today!
- Aggie Fresh
 - It is with great excitement that the AB540 and Undocumented Student Center introduce you to Aggie Fresh -a CalFresh equivalent program that expands eligibility to include students who are undocumented and those who are ineligible for CalFresh for reasons other than income.
 - Aggie Fresh is a program that provides up to \$291/month to help students with groceries!
 - o Learn more and apply here
- ASUCD Pantry The ASUCD Pantry located on the 1st floor of the Memorial Union provides students
 with perishable and non-perishable pantry items. You can visit Monday-Friday between the hours of
 10:30am to 4pm. Walk-ins only.
- <u>Fruit & Veggie Up! The Aggie Compass Basic Needs Center</u> Fruit & Veggie Up! through the Aggie Compass Basic Needs Center provides students with fresh, organic, and seasonal produce twice a week. The produce is generously donated to us by The Student Farm on campus. Stop by our center 1:30PM 3:30PM on Wednesdays and 10:30AM 12:30PM on Fridays and pick as much produce as you would like:)
- Aggie Compass Satellite Pantry Network
 - Satellite Pantries assist in addressing food insecurity on our campus by increasing student access to canned-goods and other items via an environment they are familiar and comfortable in. Currently, we have 9 Satellite Pantries spread throughout campus. <u>Head to our website to check out the list of pantries!</u>

Financial Wellness

- I recommend connecting with Lyzette and discussing our Emergency Basic Needs Grant Application. Students who are enrolled in 6 or more units in the quarter in which they apply and have a FAFSA or Dream Act application on file with Financial Aid are likely eligible to receive the grant.
- SERA (Student Emergency Relief Aid) Grant The Student Emergency Relief Aid (SERA) program, formerly known as We Are Aggie Pride, awards short-term funds to students facing financial emergencies. These funds help offset setbacks that would interfere with a student's ability to stay in school. Apply Here. If you are having issues applying, please contact Aggies Helping Aggies (ucdsera@ucdavis.edu Aggies Helping Aggies email)
- Aggie Compass Essentials Pantries, free toiletries and other household essentials, in person at our center
- Aggie Reuse



- o All items are available at ZERO COST for students and the larger community!
- A source for second-hand clothes, school supplies, small appliances, etc.
- Location: Memorial Union Room 154
- Aggie Blue to Gold Financial Wellness Program
 - Aggie Blue to Gold Financial Wellness Program
 provides information and resources for all students regarding student loans, budget management,
 financial advising and debt management. To learn more about creating a budget, money
 management techniques, and campus resources, schedule an appointment today!
- Emergency Crisis Response Team Financial Aid and Scholarships Office (Only to be used for International Students)
 - Send them a written appeal via email to <u>FAS-ECRTeam@ou.ad3.ucdavis.edu</u> that explains your financial crisis. The team will respond within 24-48 hours acknowledging receipt, and address potential immediate options. Please include to following in your email:
 - Your student ID
 - The circumstances regarding your financial need
 - If applicable, any supporting documentation to help expedite the review process.
- <u>UC Davis Health Equity Fund</u> has grants available to all students who are experiencing significant out of pocket expenses related to accessing physical and mental health care. Grants may be requested for expenses that total at least \$50.

Housing Resources

 Rental Assistance, Aggie Compass may offer emergency financial assistance in the areas of rent, food, housing, security deposit and other emergency and safety needs to enrolled students who have exhausted their financial resources. For support please submit a Basic Needs Assistance Request. If you have already submitted a BNAR Form, your case will be reviewed and escalated to our Resource Coordinator Lyzette.

Emergency Housing Resources

- Rapid Rehousing, This program provides safe, stable housing for houseless students as well as a
 meal plan and intense case management focused on holistic and academic success. Please submit
 a <u>Basic Needs Assistance Request</u> to apply. If you have already submitted a BNAR Form, your case
 will be reviewed and escalated to our Intake Team.
- Aggie House, Aggie House is a student-run non-profit organization and RSO at UC Davis dedicated to providing transitional housing, food, and case management to students experiencing homelessness or housing insecurity. Connect with them at aggiehousedavis@gmail.com and check out their Resident Application.
- UC Davis Emergency/Short Term Housing is available for students experiencing homelessness or in imminent danger of becoming homeless. Please submit a <u>Basic Needs Assistance Request</u> to apply. If you have already submitted a BNAR Form, your case will be reviewed and escalated to our Intake Team.

Mental Wellness Resources

- LYRA is Mental Health Care for UC Ship Students. Lyra has partnered with UC SHIP to offer all members access to their mental health services such as individual therapy, mental health coaching, medication management and self-guided wellness modules.
- Aggie Mental Health Aggie Mental Health (formerly known as Each Aggie Matters) is the campus website for all mental wellness resources. Visit this site to access resources for mental wellness, join a supportive campus community and participate in an open and affirming dialogue about mental health. Check out the Mental Health Map on their homepage.
- Crisis Text Line is a free, 24/7, immediate and confidential texting service for students in crisis. Text RELATE to 741741 from anywhere in the US, to text with a trained crisis counselor.
- Davis Suicide Prevention and Crisis Line, call **530-756-5000**
- Mental Health Resources on campus



- Note: You can always call the counseling number 530-752-0871 for same day crisis appointments or walk to the acute care clinic
- <u>Counseling Services</u> through Student Health and Counseling Services
 - Note: Counseling appointments (individual, group, addiction services, etc.) are free of charge! You DO NOT need to have UC SHIP
- Health 34

Legal Resources

- Undergrads ASUCD Legal Services, legal consultations, 30 minute appointments.
- For more legal service information, please visit ASUCD's legal resources page.
- Low Income Students <u>Legal Services of Northern California</u>, To connect with their services, please call their main intake line at 530-662-1065.

Specific Resources for Graduate Students

• The Graduate Student Food Pantry is located at Walker Hall 1213. Their hours are M,W, F 11:30am to 12:30pm, Tuesday 1:30pm to 3:30pm, & Thursday 11am to 3pm. Bring your SID and a bag!

Specific Resources for AB540 and Undocumented Students

Resources for Student Parents

- <u>UC Davis Student Parent Child Care Funding Program</u> consists of two grants, the Graduate Student Child Care Grant and the Community Based Care Grant. Both are designed to partially defray student families' child care expenses. For the fastest reply, please email all questions to their program email: studentchildcaregrants@ucdavis.edu.
- Student Parent Closet Women's Resources and Research Center, The Student Parent Closet
 provides free diapers, wipes, nursing pads, and other supplies for parenting and caregiving students
 at UC Davis. The WRRC is located on the first floor of North Hall and their phone number is 530752-3372

I will also attach a resources document I have been working on that includes additional resources that are available to students, categorized by topic. Please let me know if you have any questions and if there's anything else we can support you with!