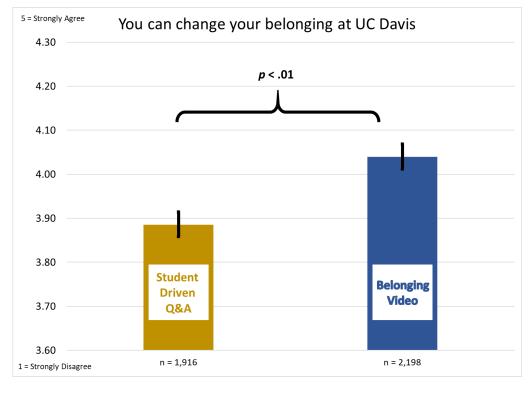
Results from Summer Orientation 2018 "Life as an Aggie"

After either participating in the live panel or watching the belonging video, we asked students how much they feel they can change their sense of belonging at UC Davis (Figure 1). We also asked students how much they thought they would fit in academically and socially (a) when they arrived in the fall, and (b) after the end of their second year (Figure 2).

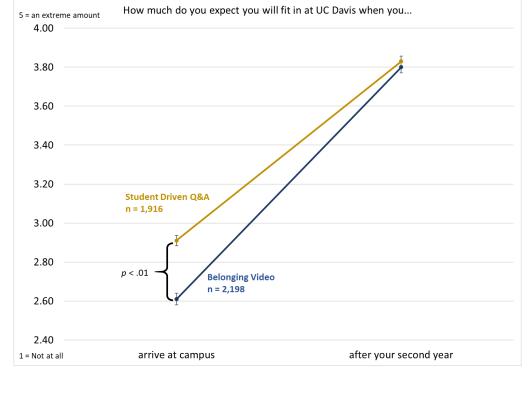
Figure 1:



Thinking about Figure 1...

- How do responses to the two activities differ?
- ➤ Why do you think the responses differ?

Figure 2:



Thinking about Figure 2...

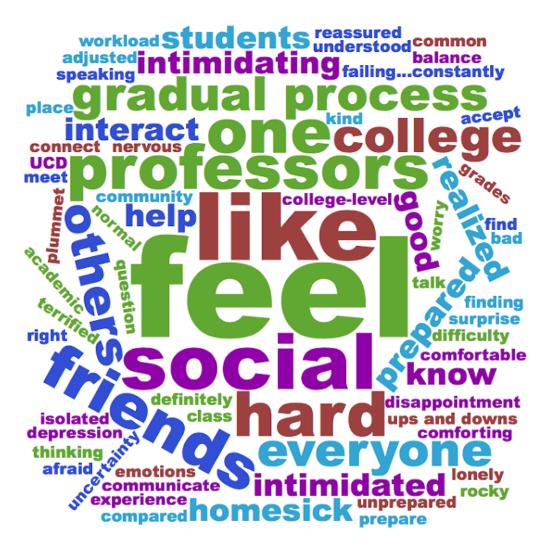
- ➤ Is there anything surprising to you in these results?
- ➤ What are some reasons why the belonging videos might have made students feel like they belong less when they arrive at campus in the fall?
- ➤ Do you think this initial decrease in belonging is a good or bad thing?

Based on these results...

- **→** How might the results from Figures 1 and 2 relate to each other?
- Consider how you might support students throughout their transition. Write down your thoughts in the space provided below.

Responses from 2017-2018 Focus Groups, N = 21

We asked students about their thoughts and feelings about their transition to UC Davis. Here are some of the words and phrases that students used in their responses. The bigger the words are, the more often they were used.



Here are some examples of responses from students:

"Social life at college is hard"

"I definitely felt very homesick"

"Feel like I am not going to be good enough"

"It's intimidating to go up and talk to professors"

"Fell into depression. I didn't feel like anyone understood that part of transitioning about the psyche behind it"

"I kept thinking that others were better adjusted than I was"

"Did community college really prepare me?"

Thinking about these responses...

- 1) Are there any themes that stand out to you? Are any of these themes surprising?
- 2) Are there things your advising office currently does to support students having these feelings?

Responses from 2017-2018 Focus Groups, N = 21

We asked students about how they overcame the feelings of being unsure about whether they belong at UC Davis. Here are some of the words and phrases that students used in their responses. The bigger the words are, the more often they were used.



Here are some examples of responses from students:

"Friends help you destress"

"It's nice to feel that people feel the same way as you"

"You'll find your place in here because we have so many places for so many people"

"You just have to get involved with the community"

"It's okay for everything to be a challenge. You just have to adapt to it"

"Over time I became more comfortable going to office hours"

Thinking about these responses...

- 1) Are there any themes that stand out to you? Are any of these themes surprising to you?
- 2) Do any of these themes match the things you are currently doing to support students who are unsure of whether they belong?